

Heart of Australia Day

Initiatives Inspired by the Song

26 October



We respectfully acknowledge the First Nations peoples of these lands, we now all call home. The ingenuity, strength and diversity of Indigenous cultures enriches us all and we aspire to walk together, as a community, honouring the deep and profound foundations that they have laid for us.



THE VISION

Bringing together Australia's rich and diverse peoples of all ages and cultures to celebrate all that's good in this world.





Heart of Australia
Inspire – Celebrate – Unite



Giving voice to what we truly **love**

CELEBRATE THE
26TH OCTOBER





Celebrating Every Year.
(14 February to 26 October)

HeartsBeat STRONG™

Listen to your heart...



Learn & Perform the Song!

A graphic illustration featuring two hands in silhouette, positioned to form a heart shape. The hands are set against a warm, orange-hued background that resembles a sunset or sunrise, with a bright, glowing sun visible through the heart-shaped opening. The overall composition is romantic and evocative of love and connection.

SHARE THE LOVE





To respect and honour this country's unique Indigenous history and custodianship via our nation's multicultural diversity.

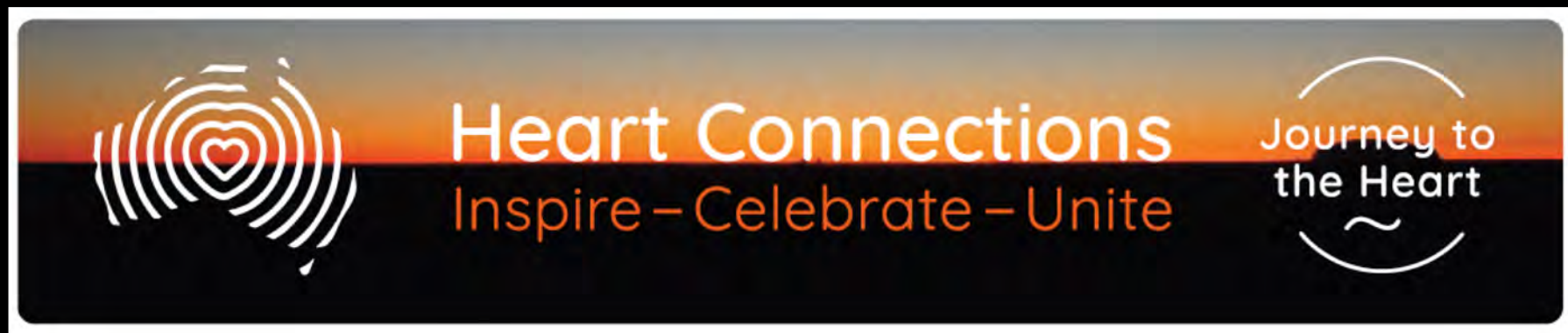


Heart Connections
Inspire – Celebrate – Unite



Nurturing Our Present & Emerging Custodians

Heart Connections showcases people whose ideas and activities inspire us.



Based on the 'Before it's Too Late' Initiative (1991 to 1997)

Launched on 26 October 2022



Heart Connections
Inspire – Celebrate – Unite



Nurturing Our Present & Emerging Custodians

Heart Connections showcases people whose ideas and activities inspire us — whose efforts unite and help lead the way – we actively promote the special work they do in our communities.





Heart Connections

Inspire – Celebrate – Unite





Supporting our Heart Connections

Official Launch: 26 October 2025

Heart Connection: Ngaran Ngaran Cultural Awareness



Issue 1

Dwayne Bannon-Harrison

Provides a powerful experience of indigenous food, ceremony and more — seeks to help change the narrative and shift mindsets by sharing Indigenous ways of knowing – allowing others to glimpse the power of ancient wisdoms – programs are designed to help participants reach greater wellness in mind, body and spirit.

More information about [Ngaran Ngaran Cultural Awareness](#)

[View Issue 1](#)

[Heart Certificate](#)



Warning Aboriginal & Torres Strait Islander people should exercise caution when viewing our online gallery as it may contain names and images of deceased persons, which may cause distress to members of these communities.

Heart Connection: Orange Sky



Issue 2

Nic Marchesi and Lucas Patchett

Provides a free mobile laundry service for homeless people — it's about creating a safe, positive and supportive environment for people who are too often ignored, or who feel disconnected.

More information about [Orange Sky](#)

[View Issue 2](#)

[Heart Certificate](#)



Heart Connection: Wrap with Love



Issue 3

The late Sonia Gidley-King (Founder) & Lorraine Sutton (Chairperson)

Provides knitted squares made into blankets for those in need – millions of people across the planet suffer extreme cold through poverty, war, earthquakes, homelessness, climate issues and more.

More information about [Wrap with Love](#)

[View Issue 3](#)

[Heart Certificate](#)



Heart Connection: No Limits Perth



Issue 4

No Limits Perth

Provides essential emergency support services to the most vulnerable and disadvantaged people across Perth's northern suburbs.

More information about [No Limits Perth](#)

[View Issue 4](#)

[Heart Certificate](#)



Heart Connection: Preparing the Way



Issue 5

Preparing the Way

Preparing the Way is a training organisation dedicated exclusively to end of life doula care. We are committed to transforming how people support others at the end of life.

More information about [Preparing the Way](#)

[View Issue 5](#)

[Heart Certificate](#)



Heart Connection: Enough is Enough



Issue 6

Enough is Enough

Our mission is to reform society's attitudes to violence. *Enough is Enough* works with individuals and groups to encourage them to take personal responsibility for their actions and aims to promote violence prevention strategies in society as a whole.

More information about [Enough is Enough](#)

[View Issue 6](#)

[Heart Certificate](#)



Heart Connection: Lighthouse Foundation



Issue 7

Lighthouse Foundation

The *Lighthouse Foundation* has created several different programs to meet the different needs of homeless children. The Lighthouse Foundation has assisted more than 1100 young people and continues to expand their reach.

More information about [Lighthouse Foundation](#)

View Issue 7

Heart Certificate





I just read all the Heart Connections issues. INSPIRATIONAL! So good to hear of the good that people are doing v/s the woes of the world. Well done!

Kalli Pulos, Senior Leadership &
Executive Coach/Facilitator



HEART OF AUSTRALIA OCTOBER 26





www.heartofaustraliaday.com
(26 October)